

CERTIFICATE OF PARTICIPATION

This is to certify that

Riaan De Beer

Has successfully participated & completed the

5km #IAmAble Fun Run 2025

held at Alta du Toit School, Cape Town.

TIME 00:43:41

PACE 08:43/km

OVERALL 71 of 248

GENDER 29 of 92

50 - 59 4 of 6

20 September 2025, Sat

Date



BoutTime

Signature

