

CERTIFICATE OF PARTICIPATION

This is to certify that

Riad Ahmed

Has successfully participated & completed the

PUFfer 55km PUFfer Trail Run 2025

held at Fish Hoek Sports Field.

TIME 08:58:52

PACE 09:46/km

OVERALL 98 of 248

GENDER 77 of 172

50 - 59 5 of 32

30 August 2025, Sat

Date



BoutTime

Signature

