

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ridge Cross

Has successfully participated & completed the

PUFfer 55km PUFfer Trail Run 2025

held at Fish Hoek Sports Field.

TIME 08:11:01

PACE 08:54/km

OVERALL 59 of 248

GENDER 48 of 172

OPEN 28 of 72

30 August 2025, Sat

Date



