

CERTIFICATE OF PARTICIPATION

This is to certify that

Robert Timmis

Has successfully participated & completed the

PUFfer 55km PUFfer Trail Run 2025

held at Fish Hoek Sports Field.

TIME 08:27:21

PACE 09:12/km

OVERALL 73 of 248

GENDER 57 of 172

40 - 49 23 of 59

30 August 2025, Sat

Date



BoutTime

Signature

