

CERTIFICATE OF PARTICIPATION

This is to certify that

Rudi Sullwald

Has successfully participated & completed the

30km MTB Ambrosia Blueberry Dash

held at Ambrosia Citrus Estate, Mdlazi.

TIME 01:58:11

PACE 15.23km/h

GENDER 30 of 37

OVERALL 46 of 58

SUB VETERAN 8 of 10

18 October 2025, Sat

Date



BoutTime

Signature

