

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Rudo Nzanza**

Has successfully participated & completed the  
**10km The Fair Cape Cares Foundation Trail Run**  
held at Fair Cape Farm, Durbanville.

**TIME 01:34:21**

**PACE 09:25/km**

**GENDER 124 of  
172**

**OVERALL 203 of 261**

**50 - 59 29 of 37**

13 September 2025, Sat

Date



*BoutTime*

Signature

