

CERTIFICATE OF PARTICIPATION

This is to certify that

Russell Blanchard

Has successfully participated & completed the

5km The Fair Cape Cares Foundation Trail Run

held at Fair Cape Farm, Durbanville.

TIME 00:56:12

PACE 11:13/km

GENDER 58 of 76

OVERALL 196 of 285

60 - 69 6 of 8

13 September 2025, Sat

Date



BoutTime

Signature

