

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Russell Forsdyke

Has successfully participated & completed the

10 Km Elandskloof Trail Run 2025

held at Elandskloof Farm, Dullstroom.

**TIME** 01:54:16

**PACE** 11:24/km

**OVERALL** 46 of 75

**GENDER** 22 of 25

40 - 49 6 of 6

22 November 2025, Sat

Date



BoutLime

Signature