

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ryan Coldman

Has successfully participated & completed the

21km Trail Run Eselfontein Trail Run Stage Race - Day 2

held at Eselfontein.

TIME 02:05:31

PACE 06:15/km

OVERALL 11 of 32

GENDER 7 of 14

40 - 49 3 of 4

25 October 2025, Sat

Date



