

CERTIFICATE OF PARTICIPATION

This is to certify that

Ryan Julies

Has successfully participated & completed the

PUFfer 55km PUFfer Trail Run 2025

held at Fish Hoek Sports Field.

TIME 12:14:30

PACE 13:21/km

**GENDER 154 of
172**

OVERALL 224 of 248

40 - 49 54 of 59

30 August 2025, Sat

Date



BoutTime

Signature

