

CERTIFICATE OF PARTICIPATION

This is to certify that

Seamus Casserley

Has successfully participated & completed the

5km The Fair Cape Cares Foundation Trail Run

held at Fair Cape Farm, Durbanville.

TIME 00:29:24

PACE 05:51/km

GENDER 11 of 76

OVERALL 19 of 285

50 - 59 2 of 19

13 September 2025, Sat

Date



BoutTime

Signature

