

CERTIFICATE OF PARTICIPATION

This is to certify that

Selwyn Menyacho

Has successfully participated & completed the

18km The Fair Cape Cares Foundation Trail Run

held at Fair Cape Farm, Durbanville.

TIME 01:43:29

PACE 05:43/km

OVERALL 38 of 105

GENDER 32 of 61

40 - 49 11 of 22

13 September 2025, Sat

Date



BoutTime

Signature

