

CERTIFICATE

OF PARTICIPATION

This is to certify that

Shannon Timkoe

Has successfully participated & completed the

10km Adult Running for Transformation 2025

held at SACS, Newlands Avenue.

TIME 00:58:58

PACE 05:52/km

OVERALL 74 of 494

GENDER 17 of 279

OPEN 9 of 140

16 June 2025, Mon

Date



Bout Time