

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Shawn Lamprecht**

Has successfully participated & completed the

**PUFfer 55km PUFfer Trail Run 2025**

held at Fish Hoek Sports Field.

**TIME 08:56:57**

**PACE 09:45/km**

**OVERALL 96 of 248**

**GENDER 76 of 172**

**40 - 49 31 of 59**

30 August 2025, Sat

Date



*BoutTime*

Signature

