

CERTIFICATE OF PARTICIPATION

This is to certify that

Sheila Joseph

Has successfully participated & completed the

Rhythm Run 5km Rhythm Run

held at Mistico, Cape Town.

TIME 00:50:59

PACE 10:10/km

GENDER 5 of 13

OVERALL 20 of 34

80 - 89 1 of 1

29 March 2025, Sat

Date



BoutTime

Signature

