

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Silvia Haramis**

Has successfully participated & completed the  
**10km The Fair Cape Cares Foundation Trail Run**  
held at Fair Cape Farm, Durbanville.

**TIME 01:27:19**

**PACE 08:42/km**

**GENDER 106 of  
172**

**OVERALL 182 of 261**

**70 - 79 1 of 2**

13 September 2025, Sat

Date



*BoutTime*

Signature

