

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Stephan Ohst**

Has successfully participated & completed the  
**18km The Fair Cape Cares Foundation Trail Run**  
held at Fair Cape Farm, Durbanville.

**TIME 01:42:01**

**PACE 05:39/km**  
**OVERALL 32 of 105**

**GENDER 28 of 61**  
**50 - 59 4 of 8**

13 September 2025, Sat  
Date



*BoutTime*  
Signature

