

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Susan Pennington

Has successfully participated & completed the

5km The Fair Cape Cares Foundation Trail Run

held at Fair Cape Farm, Durbanville.

**TIME** 00:50:08

**PACE** 10:00/km

**OVERALL** 139 of 285

**GENDER** 96 of 209

**50 - 59** 15 of 40

13 September 2025, Sat

Date

