

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Tamaryn  
Bergemann**

Has successfully participated & completed the

**5km The Fair Cape Cares Foundation Trail Run**

held at Fair Cape Farm, Durbanville.

**TIME 00:56:20**

**PACE 11:15/km**

**GENDER 139 of  
209**

**OVERALL 197 of 285**

**40 - 49 27 of 46**

13 September 2025, Sat

Date



*BoutTime*

Signature

