

CERTIFICATE

OF PARTICIPATION

This is to certify that

Thandeka Mtshali

Has successfully participated & completed the

10km The Fair Cape Cares Foundation Trail Run

held at Fair Cape Farm, Durbanville.

TIME 01:34:24

PACE 09:25/km

OVERALL 204 of 261

13 September 2025, Sat

Date

GENDER 125 of

172

40 - 49 38 of 48

Bout Time

Signature