

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Theo Fourie**

Has successfully participated & completed the  
**5km The Fair Cape Cares Foundation Trail Run**  
held at Fair Cape Farm, Durbanville.

**TIME 00:51:32**

**PACE 10:18/km**  
**OVERALL 152 of 285**

**GENDER 46 of 76**  
**50 - 59 10 of 19**

13 September 2025, Sat  
Date



*BoutTime*  
Signature

