

CERTIFICATE

OF PARTICIPATION

This is to certify that

Tienie Nothnagel

Has successfully participated & completed the

58km (Day 1) COMOTION in the Klein Karoo (Day 1)

held at Leeuwenboschfontein Guest Farm Montagu.

TIME 04:36:07

PACE 12.60km/h

OVERALL 14 of 30

GENDER 12 of 23

MASTERS 1 of 5

13 December 2025, Sat

Date



Bout Time