

CERTIFICATE

OF PARTICIPATION

This is to certify that

Vanessa De Beer

Has successfully participated & completed the

5km #IAmAble Fun Run 2025

held at Alta du Toit School, Cape Town.

TIME 00:43:39

PACE 08:42/km

OVERALL 70 of 248

GENDER 42 of 156

50 - 59 3 of 16

20 September 2025, Sat

Date



