

CERTIFICATE

OF PARTICIPATION

This is to certify that

Wylde Ryder

Has successfully participated & completed the

5km #IAmAble Fun Run 2025

held at Alta du Toit School, Cape Town.

TIME 00:34:58

PACE 06:58/km

OVERALL 36 of 248

GENDER 18 of 92

40 - 49 3 of 20

20 September 2025, Sat

Date



Bout Time