

CERTIFICATE OF PARTICIPATION

This is to certify that

Yosta Zandvliet

Has successfully participated & completed the

8km Trail Run Ambrosia Blueberry Dash

held at Ambrosia Citrus Estate, Mdlazi.

TIME 01:06:11

PACE 7.25km/h

GENDER 17 of 26

OVERALL 25 of 38

SUB VETERAN 6 of 8

18 October 2025, Sat

Date



BoutTime

Signature

