

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## jaco Fourie

Has successfully participated & completed the

PUFfer 55km PUFfer Trail Run 2025

held at Fish Hoek Sports Field.

**TIME** 08:53:44

**PACE** 09:42/km

**OVERALL** 92 of 248

**GENDER** 72 of 172

**40 - 49** 29 of 59

30 August 2025, Sat

Date



Bout Time