

CERTIFICATE OF PARTICIPATION

This is to certify that

**Isabel & Irene Bear
fighters**

Has successfully participated & completed the

Cross Duathlon - Sprint (Team) Cowhouse Cross Duathlon #3

held at Hazeldean Valley Trails.

TIME 01:36:40

PACE 04:36/km

GENDER 1 of 1

OVERALL 3 of 3

40 - 49 1 of 1

06 August 2023, Sun

Date



BoutTime

Signature

